# Sweet Balance





FREE PATTERN

## Sweet Balance

QUILT DESIGNED BY AGEstudio





chapter seven

TITLE

designer  $\operatorname{AMY}$  SINIBALDI



TRB7000 MAGNOLIA SEVEN



TRB7007 HAPPILY EVER AFTER SEVEN



TRB7010 JASMINE SEVEN



TRB7002 PROMENADE SEVEN



TRB7005 EIDELWEISS SEVEN



TRB7004 COVENT GARDEN SEVEN



TRB7006 FLUTTERDUST SEVEN



TRB7003 THE ROW SEVEN



TRB7008 INK SEVEN



### ADDITIONAL BLENDERS FOR THIS PROJECT



FE-502 BLUSH



FE-518 BALLERINA



FE-533 WINTER WHEAT



FE-508 AQUA HAZE

### Sweet Balance 💋

FINISHED SIZE | 87" × 99"

#### FABRIC REQUIREMENTS

Fabric A	FE502	11⁄8 yd.
Fabric B	TRB7002	<sup>3</sup> ⁄4 yd.
Fabric C	TRB7004	5∕8 yd.
Fabric D	FE518	5⁄8 yd.
Fabric E	TRB7003	5∕8 yd.
Fabric <b>F</b>	FE533	11⁄8 yd.
Fabric <mark>G</mark>	TRB7007	1 yd.
Fabric H	TRB7005	1⁄4 yd.
Fabric I	TRB7000	1⁄4 yd.
Fabric J	TRB7006	2 yd.
Fabric <mark>K</mark>	FE508	11⁄8 yd.
Fabric L	TRB7008	11⁄8 yd.
Fabric M	TRB7010	11⁄8 yd.

BACKING FABRIC TRB7011 10 yds (Suggested)

BINDING FABRIC Fabric M TRB7010 (Included)

#### CUTTING DIRECTIONS

<sup>1</sup>/<sub>4</sub>" seam allowances are included. WOF means width of the fabric.

- Ten (10)  $3\frac{1}{2}$ " x WOF strips from fabric A.
- Six (6) 3<sup>1</sup>/<sub>2</sub>" x WOF strips from fabric B.
   Subcut:
  - One (1) 9<sup>1</sup>/<sub>2</sub>" x 3<sup>1</sup>/<sub>2</sub>" rectangle.
  - One (1) 9" x  $3^{1/2}$ " rectangle.
- Five (5) 3<sup>1</sup>/<sub>2</sub>" x WOF strips from fabric C.
- Five (5)  $3^{1/2}$ " x WOF strips from fabric **D**.
- Five (5) 3<sup>1</sup>/<sub>2</sub>" x WOF strips from fabric E.
- Ten (10) 3<sup>1</sup>/<sub>2</sub>" x WOF strips from fabric **F**. **Subcut:** 
  - Five (5) 25" x 3<sup>1</sup>/<sub>2</sub>" strips.
  - Two (2) 16" x 3<sup>1</sup>/<sub>2</sub>" rectangles.
  - Two (2) 9" x 3<sup>1</sup>/<sub>2</sub>" rectangles.
  - Two (2) 3<sup>1</sup>/<sub>2</sub>" squares.
- Nine (9) 3<sup>1</sup>/<sub>2</sub>" x WOF strips from fabric G.
   Subcut:
  - Three (3) 25" x 3<sup>1</sup>/<sub>2</sub>" strips.
  - Two (2) 16" x 3<sup>1</sup>/2" rectangles.
  - Two (2) 9" x 3<sup>1</sup>/<sub>2</sub>" rectangles.
  - Two (2) 3<sup>1</sup>/<sub>2</sub>" squares.
- Two (2) 3<sup>1</sup>/<sub>2</sub>" x WOF strips from fabric **H**. **Subcut**:
- One (1) 25" x 3<sup>1</sup>/2" strip.
- Two (2) 16" x 3<sup>1</sup>/<sub>2</sub>" rectangles.
- Two (2) 9" x 3<sup>1</sup>/2" rectangles.
- Two (2) 3<sup>1</sup>/<sub>2</sub>" squares.
- One (1) 3<sup>1</sup>/<sub>2</sub>" x WOF strips from fabric I.
   Subcut:
  - One (1) 16" x 3<sup>1</sup>/<sub>2</sub>" rectangle.
  - Two (2)  $9'' \times 3^{\frac{1}{2}}$  rectangles.
  - Two (2) 3<sup>1</sup>/2" squares.

- Five (5)  $3^{\frac{1}{2}}$  x WOF strips from fabric J.
- Five (5) 9<sup>1</sup>/<sub>2</sub>" x WOF strips from fabric J.
- Ten (10)  $3^{\frac{1}{2}}$  x WOF strips from fabric K.
- Ten (10)  $3^{\frac{1}{2}}$ " x WOF strips from fabric L.
- Six (6) 3<sup>1</sup>/<sub>2</sub>" x WOF strips from fabric M.
   Subcut:
  - Six (6) 25" x 3<sup>1</sup>/<sub>2</sub>" strips.
  - Two (2) 16" x 3<sup>1</sup>/<sub>2</sub>" rectangles.
  - Two (2)  $9'' \times 3^{1/2}''$  rectangles.
  - Six (6) 3<sup>1</sup>/<sub>2</sub>" squares.

#### CONSTRUCTION

Sew all rights sides together with ¼" seam allowance.

#### Strip Set 1

- Arrange two (2) 3<sup>1</sup>/<sub>2</sub>" x WOF strips from fabrics F, K, A, one (1) 3<sup>1</sup>/<sub>2</sub>" x WOF strip from fabrics J, G, C, D, E, F and B, one (1) 9<sup>1</sup>/<sub>2</sub>" x WOF strip from fabric J in the order shown on fig 1.
- You need a total five (5) strip block 1 (See fig. 2)
- Cut fifty eight (58) 3<sup>1</sup>/<sub>2</sub>" vertical strips. That will be strip set 1 (ss1).



#### Strip Set 2

- Arrange two (2) 25" x 3<sup>1</sup>/<sub>2</sub>" strips from fabric
   M and one (1) 25" x 3<sup>1</sup>/<sub>2</sub>" strip from fabric F as shown on diagram below.
- Cut six (6) 3<sup>1</sup>/<sub>2</sub>" vertical strips.
- That will be strip set 2 (ss2).



DIAGRAM 2

#### Strip Set 3

- Arrange two (2) 25" x 3<sup>1</sup>/<sub>2</sub>" strips from fabrics
   M, F and one (1) 25" x 3<sup>1</sup>/<sub>2</sub>" strip from fabric G as shown on diagram below.
- Cut six (6) 3<sup>1</sup>/<sub>2</sub>" vertical strips see diagram 3 for reference.
- That will be strip set 3 (ss3).



DIAGRAM 3

#### Strip Set 4

- Arrange two (2) 25" x 3<sup>1</sup>/<sub>2</sub>" strips from fabrics
   M, F, G and one (1) 25" x 3<sup>1</sup>/<sub>2</sub>" strip from fabric
   H as shown on diagram below.
- Cut six (6) 3<sup>1</sup>/<sub>2</sub>" vertical strips, see diagram 4 for reference.
- That will be strip set 4 (ss4).



#### Strip Set 5

- Arrange two (2) 16" x 3<sup>1</sup>/<sub>2</sub>" strips from fabrics
  M, F, G, H and one (1) 16" x 3<sup>1</sup>/<sub>2</sub>" strip from fabric I as shown on diagram below.
- Cut six (6) 3<sup>1</sup>/<sub>2</sub>" vertical strips, see diagram 5 for reference.
- That will be strip set 5 (ss5).



DIAGRAM 5

#### Strip Set 6

- Arrange two (2) 9" x 3<sup>1</sup>/<sub>2</sub>" rectangles from fabrics
   M, F, G, H, I and one (1) 9" x 3<sup>1</sup>/<sub>2</sub>" rectangle from fabric B as shown on diagram below.
- Cut two (2) 3<sup>1</sup>/<sub>2</sub>" vertical strips as shown on diagram below.
- That will be strip set 6 (ss6).



#### Strip Set 7

- Arrange two (2) 3<sup>1</sup>/<sub>2</sub>" squares from fabrics M, F, G,
   H, I and one (1) 9<sup>1</sup>/<sub>2</sub>" x 3<sup>1</sup>/<sub>2</sub>" rectangle from fabric
  - B, see diagram 7 for reference.
- That will be strip set 7 (ss7).



DIAGRAM 7



#### **Center Block**

Arrangle twenty six (26) ss1, two (2) ss2, two (2) ss3, two (2) ss4, two (2) ss5, two (2) ss6, one (1) ss7 and two (2) 3<sup>1</sup>/<sub>2</sub>" squares from fabric M into thirteen columns. See diagram 8 for the order of the strips sets.





#### Left Block

Arrange Sixteen (16) ss1, two (2) ss2, two (2) ss3, two (2) ss4 and one (1) ss5 and one (1) 3<sup>1</sup>/<sub>2</sub>" square from fabric M into eight columns. See diagram 10 for reference.



• Sew all eight (8) columns together.



#### **Right Block**

Arrange sixteen (16) ss1, two (2) ss2, two (2) ss3, two (2) ss4 and one (1) ss5 and one (1) 3<sup>1</sup>/<sub>2</sub>" square from fabric M into eight (8) columns. See diagram below for reference.



• Sew eight (8) columns together.



• Join left, center and right block. See diagram 14 for reference.



• Trim quilt top to 87" x 99"



#### Quilt as desired!



#### DIAGRAM 16

#### QUILT ASSEMBLY

Sew rights sides together.

- Place BACKING FABRIC on a large surface wrong side up. Stretch it with masking tape against that surface.
- Place BATTING on top of backing fabric.
- Place TOP on top of the batting with right side facing up. Smooth away wrinkles using your hands.
- Pin all layers together and baste with basting thread, using long stitches. You can also use safety pins to join the layers.
- Machine or hand quilt starting at the center and working towards the corners. Remember that quilting motifs are a matter of personal preference. Have fun choosing yours!
- After you finished, trim excess of any fabric or batting, squaring the quilt to proceed to bind it.

#### BINDING

Sew rights sides together.

- Cut enough strips 1<sup>1</sup>/<sub>2</sub>" wide by the width of the fabric M to make a final strip 382" long. Start sewing the binding strip in the middle of one of the sides of the quilt, placing the strip right side down and leaving an approximated 5" tail. Sew with <sup>1</sup>/<sub>4</sub>" seam allowance (using straight stitch), aligning the strip's raw edge with the quilt top's raw edge.
- Stop stitching ¼" before the edge of the quilt (DIAGRAM B 1). Clip the threads. Remove the quilt from under the machine presser foot.
  Fold the strip in a motion of 45° and upward, pressing with your fingers (DIAGRAM B2).
  Hold this fold with your finger, bring the strip down in line with the next edge, making a horizontal fold that aligns with the top edge of the quilt (DIAGRAM B3). Start sewing at ¼" of the border, stitching all the layers. Do the same in the four corners of the quilt.
- Stop stitching before you reach the last 5 or 6 inches. Cut the threads and remove the quilt from under the machine presser foot. Lay the loose ends of the binding flat along the quilt edge, folding the ends back on themselves where they meet. Press them together to form a crease. Using this crease as the stitching line, sew the two open ends of the binding with right sides together (you can help yourself marking with a pencil if the crease is difficult to see).
- Trim seam to ¼" and press open. Complete the sewing. Turn binding to back of the quilt, turn raw edge inside and stitch by hand using blind stitch.





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NOTE: While all possible care has been taken to ensure the accuracy of this pattern, We are not responsible for printing errors or the way in which individual work varies.

Please read instructions carefully before starting the construction of this quilt. If desired, wash and iron your fabrics before starting to cut.

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